

EL NARANJO
(Mexico)

El Naranjo (Ehl Na-RAHN-hoh) is a dance from Northern Mexico.

Record: L.P. Eco #207 (Polkas Alegres) 3/4 meter.

Formation: Cpls in a circle, facing LOD, holding crossed hands behind back.

Meas

PATTERN

CHORUS. Cue words: Step, brush, hop; step, brush, hop; step, brush, hop; run, run, run.
Step on L ft, brush R ft diag across in front of L, hop on L ft.
Repeat starting with R ft, repeat starting with L ft. Lean slightly fwd, and do three running steps fwd, starting with R ft.
Repeat Chorus between each step.

PART I.

Facing ptr, do two pas-de-basque steps fwd, and six broken ankle steps bkwd (away from ptr). Leap onto L ft slightly fwd; step on R heel slightly fwd; step on L ft (close to R ft). (It does not really matter on which ft you start the pas-de-basque.) Repeat. Then travel bkwd, away from ptr, with six broken ankle steps. Step on L ft, and turn R ankle out, to the side.

PART II. Cue words: Bounce, toe, toe.

Bounce on both ft; tap R toe behind L ft two times, while hopping on the L ft. (Turn head and body slightly to the R.) Repeat, tapping L toe. Do 16 of these steps.

PART III. Cue words: toe, heel, cross.

Tap R toe at side (toe in, heel out); tap R heel at side (heel in, toe out); cross R toe in front of L ft. Hop on L while doing the above "Toe, heel, cross." Repeat, starting with L ft. Do this step eight times.

PART IV.

Borrachito or Atole step, and Broken ankle step.

A. Travel fwd with the following: fall fwd onto R ft; step on L ft, step on R ft. Repeat starting with L ft.

B. Do six broken ankle steps bkwd (away from ptr).
Repeat, starting with R ft each time. Do four times.

EL NARANJO (continued)

PART V. Cue words: Toe-heel-cross and rock, rock, rock.
Do a "toe-heel-cross" as in Part III. Then place wt on R ft, as you pick up L heel, keeping toe down. (Keep ankles close together). Change wt to L, as you pick up R heel. Change wt to R, pick up L heel. Repeat six more times.

End with two stamps, L,R.

Presented by Nelda Drury